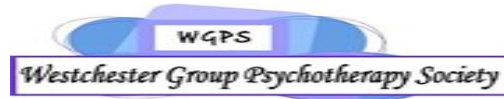


The Westchester Group Psychotherapy Society

www.wgps.org



Day-Long Process Group Experience

for WGPS members and colleagues

Saturday, January 12th, 2019 (January 26th as the snow date) 9am-5:00pm

(Debriefing with group from 4:30-5:00pm)

Link to Payment Page: [Registration and Payment](#)

Facilitators: Margaret Postlewaite, PhD, CGP, SEP, FAGPA and Leo Leiderman, PsyD, ABPP, CGP, FAGPA to be held at Neurofeedback & Psychological Services, P.C.

Purchase Professional Park, 3020 Westchester Ave., Suite 311 (3rd floor), Purchase, NY 10577 (Exit 10 on I-287)

Margaret Postlewaite, PhD, CGP, SEP, FAGPA, maintains a full-time private practice of individual and group psychotherapy, psychoanalysis and supervision in White Plains, NY. She is former president of the Eastern Group Psychotherapy Society, Board Member of the Westchester Group Psychotherapy Society and has held numerous positions within the American Group Psychotherapy Association. She consults on group therapy for various organizations, including Gilda's Club. She has offered workshops and trainings on topics as varied as self-disclosure, peer group supervision, healthy aging, and the development of the senior therapist.

Leo Leiderman, PsyD, ABPP, CGP, FAGPA is the director of Neurofeedback & Psychological Services where he uses state of the art neurofeedback and psychotherapy interventions to alleviate various cognitive, behavioral and emotional issues. He is Board certified in Clinical Psychology by the American Board of Professional Psychology and is a fellow of the American Academy of Clinical Psychology. With over 25 years of providing and supervising inpatient, outpatient and private practice psychotherapy groups, he has run yearly day-long, two-day long marathon groups in his private practice since 1997. He is current President of the Westchester Group Psychotherapy Society and a board member of the American Group Psychotherapy Association.

DESCRIPTION OF WORKSHOP:

This process-group-oriented program will allow participants to share experiences as group leaders and mental health clinicians. It will provide a unique opportunity to identify and explore issues related to successes, fears, insecurities, and excitement around leading groups and working as clinicians, with peers who share similar professional and emotional experiences. Open to *experienced clinicians only*. Credit is available toward recertification as a CGP.

Learning Objectives:

Participants will be able to:

1. Identify at least three core strategies to enhance the group psychotherapy process for its members.
2. Identify at least three common group member resistances as well as strategies to resolve them in groups.
3. Define countertransference resistance and develop a greater understanding for its role in group leadership.

This program is \$85 for WGPS Members and \$110 for non-members (All proceeds from this will go to WGPS member scholarships to attend AGPA Connect 2019 "Building Bridges of Connection Through Groups"). One hour for (BYO) lunch will be set aside. Space is limited. Please RSVP early.

To make a reservation, contact: Dr. Leo Leiderman at lleiderman@westchester-nps.com . Two group process articles and a bibliography will be provided to registrants in order to frame the experience. Deadline: January 5, 2019

6.5 Contact Hours/CE credits are available to LMSWs and LCSWs for this program**

Recognized by SED's State Board for Social Work as an approved provider of continuing education for licensed social workers.